

**JEFFERSON COUNTY DEPARTMENT OF PARKS AND RECREATION
TUESDAY HIGH INTENSITY INTERVAL TRAINING SCHEDULE
HIGH RIDGE CIVIC CENTER
APRIL 2018**

APRIL 3 – 4:30 PM TO 5:30 PM

APRIL 10 – 4:30 PM TO 5:30 PM

APRIL 17 – 4:30 PM TO 5:30 PM

APRIL 24 – 4:30 PM TO 5:30 PM

(NEXT CLASS BEGINS THURSDAY, MAY 1, 2018)

**PLEASE CALL OUR PROGRAM CANCELATION HOTLINE IN CASE OF BAD
WEATHER – (636) 797-6101**