

**JEFFERSON COUNTY DEPARTMENT OF PARKS AND RECREATION
THURSDAY TOTAL BODY CONDITIONING SCHEDULE
HIGH RIDGE CIVIC CENTER
FEBRUARY 2018**

FEBRUARY 1 – 4:30 PM TO 5:30 PM

FEBRUARY 8 – 4:30 PM TO 5:30 PM

FEBRUARY 15 – 4:30 PM TO 5:30 PM

FEBRUARY 22 – 4:30 PM TO 5:30 PM

(NEXT CLASS BEGINS THURSDAY, MARCH 1, 2018)

**PLEASE CALL OUR PROGRAM CANCELATION HOTLINE IN CASE OF BAD
WEATHER – (636) 797-6101**