

**JEFFERSON COUNTY DEPARTMENT OF PARKS AND RECREATION
WEDNESDAY SENIOR STRENGTH AND BALANCE SCHEDULE
HIGH RIDGE CIVIC CENTER
MARCH 2018**

MARCH 7 – 9:30 TO 10:30 AM

MARCH 14 – 9:30 TO 10:30 AM

MARCH 21 – 9:30 TO 10:30 AM

MARCH 28 – 9:30 TO 10:30 AM

(NEXT CLASS BEGINS WEDNESDAY, APRIL 4, 2018)

**PLEASE CALL OUR PROGRAM CANCELATION HOTLINE IN CASE OF BAD
WEATHER – (636) 797-6101**