

**JEFFERSON COUNTY DEPARTMENT OF PARKS AND RECREATION  
WEDNESDAY SENIOR STRENGTH AND BALANCE SCHEDULE  
HIGH RIDGE CIVIC CENTER  
APRIL 2018**

**APRIL 4 – 9:30 TO 10:30 AM**

**APRIL 11 – 9:30 TO 10:30 AM**

**APRIL 18 – 9:30 TO 10:30 AM**

**APRIL 25 – 9:30 TO 10:30 AM**

**(NEXT CLASS BEGINS WEDNESDAY, MAY 2, 2018)**

**PLEASE CALL OUR PROGRAM CANCELATION HOTLINE IN CASE OF BAD  
WEATHER – (636) 797-6101**