

**JEFFERSON COUNTY DEPARTMENT OF PARKS AND RECREATION
WEDNESDAY SENIOR STRENGTH AND BALANCE SCHEDULE
HIGH RIDGE CIVIC CENTER
DECEMBER 2017**

DECEMBER 6 – 9:30 TO 10:30 AM

DECEMBER 13 – 9:30 TO 10:30 AM

DECEMBER 20 – 9:30 TO 10:30 AM

DECEMBER 27 – 9:30 TO 10:30 AM

(NEXT CLASS BEGINS WEDNESDAY, JANUARY 3, 2018)

**PLEASE CALL OUR PROGRAM CANCELATION HOTLINE IN CASE OF BAD
WEATHER – (636) 797-6101**